



GET INVOLVED TODAY IN CANOE AND KAYAK SPORT IN THE GREATER NEW YORK AREA

SAVE THE DATES

WORK DAYS

APRIL 25TH

CHECK WITH TOM UEBEL FOR TASKS

CAMP COMMITTEE MEETINGS

ALL CAMP COMMITTEE MEETINGS
ARE OPEN TO ALL ACA MEMBERS.

DURING THE SEASON AT LAKE SEBAGO,
THE MEETINGS WILL BE HELD AT THE
PAVILION AT 11:00 AM ON:

APRIL 25TH

MAY 17TH

JUNE 28TH

JULY 26TH

AUGUST 23RD

OCTOBER 4TH

ALL ARE WELCOME.

BOARD OF DIRECTOR MEETINGS

SUNDAY, SEPTEMBER 27TH, 11:00 AM

ANNUAL MEETING FOR MEMBERSHIP

SUNDAY, SEPTEMBER 27TH, 12 PM

ACA 55ND YOUTH REGATTA

WEDNESDAY, AUGUST 5TH MORE THAN
30 VOLUNTEERS ARE NEEDED

CAMP'S 82ST ANNIVERSARY

SATURDAY, SEPTEMBER 5TH 7:00PM. -
ANNIVERSARY POTLUCK AT THE PAVILION

WEBSITE

ACA-ATLANTICDIVISIONBLOG.COM/

MESSAGE FROM THE ACA ATLANTIC DIVISION CHAIR - JERRY DUNNE

The paddling season is coming, again, and welcome to another season of the Atlantic Division of the American Canoe Association. This year we are celebrating our 127th Anniversary and 82nd year at Camp Sebago. Plans are now being made for a great season, and many opportunities to paddle, canoe sail, receive instruction and make new friends will be apparent from this issue of CanoeSport. Review the schedules, check out the many clubs in our Division, and take part in the ACA.

Meet our new State Director for New York, Liane Amaral, from upstate on page 12. The Camp at Lake Sebago Camp opens on May 1st and remains the center of our Division activities. Many sailing and racing regattas as well as instructional courses are being planned. Please note our work days in April to get the Camp ready for another great season!

The Canoe Sailing committee under the leadership of the Sheepshead and Empire clubs has an extensive series of canoe-sailing regattas and events at the Camp; including free instruction in canoe sailing. Learn from national canoe sailing champs! Everyone is invited to participate in the events.

The Rockaway club will conduct training sessions for those interested in racing; and hosting sprint races at the Camp.

The Camp will also host training sessions for those who may wish to gain ACA certifications as instructors; already certified ACA instructors from our local clubs will be available on selected summer weekends for instruction in coastal

kayaking. Formal coastal ACA courses will be offered throughout the summer.

The Atlantic Division is committed to making the Camp at Lake Sebago the crown jewel of the ACA. We've made improvements to our facilities and docks, so come to the Camp often, purchase a season pass, and experience this wonderful camp, less than an hour from NYC.

We will continue to encourage paddle sports and canoe sailing throughout the Metropolitan region. Our mission is to promote canoe and kayak sport, through education, recreation, and competition, and we will offer instruction and support in coastal kayaking, canoe sailing, SUP, Olympic flatwater canoeing and kayaking racing, and many other disciplines in paddle sports.

There are many ways to get involved. Affiliated clubs offer introductory classes and training. The Camp is open to all ACA members; with rental cabins and camping facilities available.

Note our blog <http://aca-atlanticdivisionblog.com> expanding communication to provide an even

better experience at the Lake Sebago Camp and throughout the Division.

Just let me know of events you would like publicized this year, and we will get the word out! It's a very exciting time to get involved. We invite all to become involved, and all who are interested in participating in any events, read on!

Jerry Dunne,
Chair, ACA Atlantic Division



ATLANTIC DIVISION 2015 BOARD OF DIRECTORS

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jerry.dunne@dunnelaw.net

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CANOE SPORT EDITOR

Ann Barry
abarry@pipeline.com

CONSERVATION COMMITTEE ACTIVITIES

ADOPT-A-PATH PROGRAM

The adopt-a-path program has been successful again this past year with paddlers adopting all the paths. Kudos to the most creative adoptees who wove branches into natural borders (Elda Rosenberg), and placed rocks on paths (Mia Barker, Linda Horowitz) in such creative ways that paddlers are enticed to use these paths instead of veering off, packing down the soil and creating ero-



sion.

PLANS FOR BUILDING STEPS - A MORE PERMANENT SOLUTION FOR OUR ERODING PATHS

We have tried to get gravel through grants and from Parks but have not been successful due to cost. Our building and grounds chair, Tom Uebel, believes that "steps" are a more permanent solution for eroding paths and a more sustainable solution. His focus this year will be on putting in as many steps as possible where there are inclines in our paths which will help to hold soil in place on paths. In the Spring and Summer, we'll hold mini-trainings so each path adoptee can learn how to build steps on their adopted path. Get ready to do some digging!

CAMP CLEAN-UP

As we planned for our camp clean-

up in August, we found we had some great news to share. It seems that the consciousness of our members has risen to such a degree that our paddlers have kept our camp clean. As we researched the different areas of our camp and the lake, we saw that we didn't really need a huge clean-up event as we had originally planned for Aug. 23, 2014. Instead just a small group of us filled bags of trash on that day as we combed the camp area. Our members are being very responsible in picking up their own trash as well as in taking responsibility for the trash around the entire camp.

OUR STREAM TO SEA INITIATIVE

Six million tons of trash gets dumped into our oceans every year; 80% of this trash has been traced back to our littered shorelines. Our "stream to sea initiative"



is to collect trash before it makes its way into our rivers and oceans.

PARTNERSHIP WITH RIVERKEEPER

As a result of this great clean up goal, the ACA Atlantic Division is partnering with Riverkeeper to make the greatest impact on this huge environmental challenge - to clean up our rivers and ultimately our oceans. Since Riverkeeper and ACA have a similar vision for our planet, together we can be stronger and have more of an impact on our environment. Therefore, we are joining with Riverkeeper to provide ACA volunteers for their annual Riverkeeper Sweep on Saturday, May 9, 2015.

Kathleen O'Sullivan
Director, Conservation & Public Policy

MESSAGE FROM THE CAMP DIRECTOR - LINDA PETERSON

Seems like every year the off-season goes by so quickly!! Soon the camp season will begin (May 1 for those of you who do not know). So much goes into the opening of the camp. The first thing is to set up the schedule of events. If you or your club would like to schedule an event please let me know ASAP since there can only be so many events in one day since parking is always an issue on the weekends. On that note, please be considerate of our other members when you park your car on the weekends.

Events

As for events, there is so much planned already for this upcoming season. The sailing schedule is up on the Google site (<https://sites.google.com/site/acalakesebago/>) along with most of the social events and some instructional events, with more to be added. Chris Raab will be back in camp doing the instructor training courses for coastal kayaking and canoe touring, as well as a beginner SUP and an advanced strokes clinic. If anyone would like to host a social event, let me know and we will schedule and plan it. The social event calendar is subject to change so check in occasionally. There is also a calendar posted at the Pavilion.

Camp Guidelines

Please follow these basic camp guidelines so that you will have a pleasant stay



in camp.

Please pick up the cable gate on 7 Lakes Drive (locking it is better but at

least pick it up).

By not having this gate up, you are allowing nonmembers to enter our camp.

You must sign everyone in on the sign-in sheet. Each person gets their own line. These sign-in sheets are located in the main parking lot and at the Pavilion, you only have to sign in at one place. These forms are used to report to PIPC the camp's usage. The more usage the camp can show, the better it is for the camp.

Season Passes/Daily Fees

Make sure you purchase a Season Pass—the earlier, the better—one less thing to remember.

Make sure to pay your daily fees (if

BASIC CAMP RULES

- No pets (DOGS) are allowed in camp
- You need to have a PFD in the boat for each person (preferably on your body)
- Anyone under 16 years of age must have an adult with them when they are paddling and must be wearing a PFD
- Absolutely no swimming anywhere in the lake except at the swim area during daylight hours only

you do not have a season pass) and to pay for your guests. A guest is anyone who comes into the camp regardless of how long they are staying and what they are doing. Any issues, talk to the camp director. Without these fees, the camp cannot pay the bills and make improvements.

Renew Your Membership

Make sure your ACA membership is up-to-date prior to coming into camp. You must renew your ACA membership every year and have the card with you. Each person in your family must have their own ACA card and number. Any problems, talk to the camp director.

NO PETS ARE ALLOWED IN THE



CAMP FOR ANY REASON. This is a state park rule and must be followed.

The camp is only as successful as its members allow it to be. Please volunteer some of your time this season to continue the camp's growth. Looking forward to seeing everyone so don't forget to stop by my cabin and say hi!

Linda Peterson

LAKE SEBAGO CAMP RULES

Changes to the Camp Rules were published in CanoeSport in 2009. No revisions have been made to date. You can download the full rules at <http://aca-atlanticdivisionblog.com/wp-content/uploads/2011/03/Rules-2011.pdf>

RENEW YOUR MEMBERSHIP AND SIGN YOUR WAIVER ON-LINE

ACA membership renewals are easy - just go on-line at http://www.americancanoe.org/?page=Membership_Renewal Remember to add your family members and take advantage of the Paddle America Club Discounts

Paddle America Club members can also fill out their waivers on-line. <http://www.americancanoe.org/?page=PACOnlineWaiver>

ACA CAMP AT LAKE SEBAGO - EVENTS

The camp event calendar for 2015 is full of fun, instruction, good food, and even a gala. Come and enjoy. All are welcome.

POTLUCKS AT THE PAVILION

MAY 23 SOUP & SALAD
JUNE 20 ITALIAN THEME
JULY 18 MEXICAN THEME
AUGUST 1 INTERNATIONAL
SEPTEMBER 5 ANNUAL
POT LUCK, CHEF'S CHOICE
OCTOBER 10 STEW NIGHT

SOCIAL EVENTS

MAY 16 DESSERT NIGHT
MAY 24 EARLY MORNING BIRD
WATCH WITH STEVE BLACKLOCKS

FULL MOON PADDLES

MAY 2
JUNE 5
JULY 4
AUGUST 1
AUGUST 29

MOVIE NIGHTS

JULY 31

CAMP S'MORES NIGHTS

JUNE 13
SEPT 12



FAMILY GAME NIGHT

JUNE 27

DESSERT NIGHT

MAY 16

HOLIDAY WEEKEND EVENTS

FAMILY FUN WEEKEND

JUNE 5, 6, AND 7

- HIKE
- WATER RACES
- FAMILY BINGO NIGHT
- ICE CREAM SOCIAL
- KAYAK INSTRUCTION

4TH OF JULY WEEKEND

JULY 3-5

- SCUPPER RACES

- FULL MOON PADDLE
- KAYAK INSTRUCTION
- ICE CREAM SOCIAL

ANNUAL GALA WEEKEND (LABOR DAY WEEKEND)

SEPT 5, 6, AND 7

- SCUPPER RACES
- ANNUAL POT LUCK
- MOVIE NIGHT
- KAYAK INSTRUCTION
- SWIM

INSTRUCTION

FOR MORE INFORMATION ON KAYAK AND CANOE INSTRUCTION OFFERED BY ACA CERTIFIED INSTRUCTORS, SEE PAGE 7 AND 8.

LAKE SEBAGO CAMP COMMITTEE MEMBERS 2015

Adele Abrams	Rental Cabins Registrar	abrams.adele@gmail.com
Nancy Grillo	Chair	nancygrillo@aol.com
Gerard Grillo	Secretary	screamgg@aol.com
Beth Bloedow	Treasurer	bethbloedow@netzero.com
Pilar Sanz-Rogers	Vice Chair	pilar_at_home@yahoo.com
Elena Mykolaitis	Publicity and Communications	elenaambo@gmail.com
Anne Schneider	Buildings and Grounds	world3@aol.com
Jerry Dunne	Atlantic Division Chair	jerry.dunne@dunnelaw.net
Linda Peterson	Camp Director	surenoproblem27@yahoo.com
Pat Cannon	Evaluation and Selection	tapcannon@aol.com
Tom Uebel	Waterfront	cruising26@hotmail.com
Peter Cain	Boat Storage	pcain@ambac.com

SEASON/WEEKLY PASS APPLICATION 2015

	Season Pass	ACA Member Guest Fees per day	NON ACA Members Guest Fees per day
Adult 18 and over	\$65	\$10	\$15
Senior over 65	\$50	\$10	\$15
Junior under 18	\$30	\$5	\$5
Family maximum (Two adults plus children)	\$150	\$20	NA

*NOTE: THESE FEES ARE IN ADDITION TO FEES FOR CABIN RENTAL OR MEMBERSHIP DUES.

GUEST FEE RULES IN EFFECT FOR 2015 SEASON:

1. Everyone must pay a daily fee or guest fee for each day that they are in camp, or must have a season pass. EACH PERSON must be a current ACA MEMBER AND MUST SIGN A WAIVER.
2. Everyone applying for a rental cabin must pay his or her guest fees in advance for rental period before beginning their rental stay.
3. Only the family members listed on the season pass application will be covered by it. Additional guests will need to pay separately.
4. Members are responsible for their guests and fees of their guests. Be sure they know the rules and pay all fees upon arrival.

Enclose a self-addressed, stamped envelope to get your season pass mailed back to you.

Make checks payable to: AMERICAN CANOE ASSOCIATION ATLANTIC DIVISION CAMP COMMITTEE

MAIL TO: BETH BLOEDOW - 4011 AVENUE P, BROOKLYN, NY 11234

& _____ CUT AND MAIL _____ &

NAME (LAST) _____ (FIRST) _____

EMAIL _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

ACA # _____ EXP _____ HOME PH _____ CELL _____

TYPE OF PASS	ADULT - OVER 18	FULL SEASON \$65 _____
	SENIOR - OVER 65	FULL SEASON \$50 _____
	JUNIOR - UNDER 18	FULL SEASON \$30 _____
	FAMILY (2 ADULTS + KIDS)	FULL SEASON \$150 _____

FOR FAMILY PASSES, LIST FAMILY MEMBER'S NAMES BELOW:

SPOUSE (LAST) _____	(FIRST) _____	ACA# _____
CHILD (LAST) _____	(FIRST) _____	ACA# _____
CHILD (LAST) _____	(FIRST) _____	ACA# _____
CHILD (LAST) _____	(FIRST) _____	ACA# _____
CHILD (LAST) _____	(FIRST) _____	ACA# _____
CHILD (LAST) _____	(FIRST) _____	ACA# _____
CHILD (LAST) _____	(FIRST) _____	ACA# _____

OTHER AREA EVENTS

JUNE 20TH AND 21ST

CLEARWATER GREAT HUDSON RIVER REVIVAL FESTIVAL - CROTON POINT PARK

Includes free kayaking activities on the waterfront. Check www.clearwaterfestival.org/ for more information.



Photo credit: Econosmith

JUNE 25-28 ALL DAY 8TH ANNUAL GREENLAND FESTIVAL CROTON POINT PARK

The 8th Hudson River Greenland Festival at Croton Point Park will include instruction, Greenland-style kayak races, rope demos and instruction, paddle making demos, and boat building.

For info and the schedule, go to www.hrgf.org/ or e-mail hrgfny@gmail.com



ACA USACK PARTNERSHIP

The ACA and USACK Board of Directors have just announced a joint partnership. ACA Executive Director Wade Blackwood has been named Chief Executive Officer of USACK and will lead both organizations.

Anne Maleady, Chair of the ACA commented, "the shared CEO role has the opportunity to give the millions of Americans who engage in recreational and elite paddlesports the ability to find programs of interest under a common organization. Whether it's stewardship activities or healthy competition; our organizations will offer something for paddlers of all abilities."

BEATA'S SURFSKI ADVENTURES

To see more about Beata and her surfski adventures, see the write-up of her 2014 adventures, plus more photos of our racing paddlers at <http://www.surfskiring.org/2014/08/us-surf-ski-championship-beata-cseke/>



High-performance paddling in competition. It's a long-standing tradition of ACA's Atlantic Division.

2014 was a very exciting and memorable year. Members of the Rockaway Olympic Canoe and Kayak Club participated in a number of races from local, national and the two biggest international events, ranging from ocean races to Sprint and Marathon, with lots of successes. To mention a few, Borys Markin and Beata Czeke were the top athletes in the New England surfski series.

Rockaway represented the Atlantic Division on the West Coast where Beata won third place in singles surfski and first in mixed doubles at the prestigious 2014 US Surfski championship in San Francisco.

2014 was very important for the sprint community since it was the first time we were able to host in the world championships venue in kayaking new marathon in Oklahoma City. Members of Rockaway brought home medals from Oklahoma as well.

Alex Ambotas finished second in the K-1 20K and second in K-2 20K in his age group. I finished sixth in the K-1 23K and sixth in the K-2 23K.

The list goes on. But that's not most important in 2014. I was impressed how kayak and surf ski racing became popular as more and more casual paddlers have turned to it. And I'm happy to be a part of it. Let 2015 be another great year.

Jan Lupinski
Competition Chair





ATLANTIC DIVISION SPONSORED INSTRUCTION WITH CHRIS RAAB

INSTRUCTOR DEVELOPMENT WORKSHOP - LEVELS 1 - 4

(Three days -Level 4 requires an additional day)
May 22, 23, 24, and 25

INSTRUCTOR CERTIFICATION EXAM (ICE)

June 26, 27, 28

CANOE INSTRUCTOR DEVELOPMENT WORKSHOP

June 19, 20 and 21

SUP- BEGINNER COURSE

July 12

BODY, BLADE, BOAT

Advanced strokes clinic only open to assessed level 3 paddlers and all ACA certified instructors
July 19

GREENLAND PADDLE MAKING CLASS

Open to all
October 4

Contact Linda Peterson at surenoproblem27@yahoo.com for registration (required)

For more information on the instructor program, see http://www.americancanoe.org/?page=Become_an_Instructor

A CELEBRATION OF THE CAMP'S 82ND ANNIVERSARY

We're doing it again,
Saturday, August 29th 7:00pm. -
Anniversary Potluck at the Pavillion
-Cocktails and appetizers
followed by dinner and dessert
-Awards
-Music provided by Dave
Sherman and Patric Conner

ACA ATLANTIC DIVISION SAILING SCHEDULE 2015

"FREE SAIL"

Sunday, June 28 10 am-4 pm

Sailing Canoes will be rigged and available for interested sailors (or want-to-be sailors) to take out on the water. Give it a try – you'll enjoy it! (Sponsored by Sheepshead Canoe Club)

LADY BUG TROPHY –DIVISIONAL CRUISING CLASS CHAMPIONSHIPS

Saturday, July 11 10am and 2pm

Sunday, July 12 11 am

ADK TROPHY - CRUISING CLASS - TWO SAILORS TO A BOAT

Saturday, July 18 10 am and 2 pm

Sunday, July 19 11 am

"FREE SAIL"

Saturday, July 25 10 am-4 pm

Sailing Canoes will be rigged and available for interested sailors (or want-to-be sailors) to take out on the water. Give it a try – you'll enjoy it! (Sponsored by Sheepshead Canoe Club)

SEBAGO SERIES RACE #1 - CRUISING CLASS (SPONSORED BY SHEEPSHEAD CANOE CLUB)

Sunday, July 26 11 am

SEBAGO SERIES RACE #2 -CRUISING CLASS (SPONSORED BY SHEEPSHEAD CANOE CLUB)

Sunday, Aug. 2 11 am

SEBAGO SERIES RACE #3 - CRUISING CLASS (SPONSORED BY SHEEPSHEAD CANOE CLUB)

Sunday, Aug. 9 11 am

JOHN KOMP TROPHY - CRUISING CLASS

Saturday, Aug. 22 10 am and 2 pm

Sunday, Aug. 23 11 am

DIVISIONAL CHAMPIONSHIPS:

C CLASS (5 METER)

Saturday, Aug. 29 10 am (first race)

ACA CLASS

Sunday, Aug. 30 10 am (first race)

WILKINSON TROPHY - NATIONAL CRUISING CLASS CHAMPIONSHIPS

Saturday, Sept. 5 10 am and 2 pm

Sunday, Sept. 6 11 am

KAY RYAN MEMORIAL TROPHY - LADIES

Monday, September 7 10 am and 2 pm

Rescue Boats sponsored by Empire Canoe Club

For more information on the races or learning to sail, contact:

JOANIE KRILLA AT 201-825-9350

SHERRIE WINKWORTH AT SWINKWORTH@VERIZON.NET OR 973-252-3484

The new website for canoe sailor is <http://canusail.org>



CLUB EVENTS AND ACTIVITIES FOR ALL

FROM YONKERS (YPRC):

MAY 30TH

Wherry Weekend- learn how to sail the wherry! (made by YPRC's several years ago); 10-5 with BBQ

JUNE 20TH

Skills Assessment for ACA members 10am to 5pm. Contact Lee Reiser lee060@earthlink.net

JULY 12TH

ACA Level 2 instruction Phil Giller + Frank Horvath 10am -4p

JULY 25TH:

Skills Assessment 10-4 led by Lee Reiser

Paddleboard session 10-4, open to all ACA members; led by Robbie Hothan
YPRC hosted Pot Luck Dinner at the Pavilion, 6:30-8 Sing along after dinner

AUGUST 2

ACA Level 2 Instruction Frank Horvath + Phil Giller 10am -4pm

AUGUST 16TH

Hike from ACA camp to BlueBerry patches 9-11am

Skills Session 12-4. Contact Lee Reiser lee060@earthlink.net

SEPT 19TH

Skills session 10-4 open to ACA members, led by Kam and Gwen;

YPRC art show at Pavilion

YPRC is now running a free public kayaking program at JFK Marina.

For more information on dates and time see <http://www.yprc.org/public-kayaking-sessions.html>

FIND MORE AREA EVENTS

Did you know that as many as 10 paddling events are taking place in the Atlantic Division region during a summer weekend?

The NYC Watertrail Association is sponsors an event calendar for all area human paddling events.

If your group is sponsoring an event, send it to calendar@nycwater-trail.org. To find an event, go to <http://www.nycwatertrail.org/events.html>



CRAZY SCUPPER RACES

JULY 4TH AND LABOR DAY WEEKEND

For kids of all ages, enjoy all the wacky races that can be devised by scupper master Joanie. Everyone wins and learns something new. Laughing and cheering are encouraged. Prizes and ice cream afterwards.

Join us on Saturday, July 4th and Saturday, August 30th at the docks and be ready to get wet and have fun. Exact time to be posted.



FROM SEBAGO CANOE CLUB:

SATURDAY, JUNE 20

ACA Level 1 Kayak Instruction

This is a one-day beginner's course. Lead instructor, Pete Peterson. Contact Linda Peterson at surenoproblem27@yahoo.com for information and to register

SATURDAY, JULY 25

New Member Orientation/Quick Start Course

Instructor: Jerry Dunne. An introduction to our Lake Sebago location with instruction and a camp potluck. Stay at the club cabin overnight if you wish to practice what you've learned on Sunday. Contact jerry.dunne@dunnelaw.net for information.

SATURDAY - SUNDAY, AUGUST 1 - 2

ACA Advanced Level 2- beginner Level 3 with Pete Peterson. Contact Linda Peterson surenoproblem27@yahoo.com to register and for information

SATURDAY-SUNDAY, SEPTEMBER 12-13

ACA Level 2 Kayak Instruction

Lead instructor, Jerry Dunne. This is an advanced intermediate course with limited enrollment. Contact Linda Peterson surenoproblem27@yahoo.com to register and for information.

COASTAL KAYAKING INSTRUCTION

MAY 10, JUNE 7, JUNE 21, JULY 5, AUGUST 30, SEPT. 6 ALL AT 11 AM

With ACA Certified instructors.

All levels welcome including absolute beginners. Equipment can be provided. Meet in parking lot at Camp Sebago. \$10 equipment fee.

Sponsored by the Sebago Canoe Club

Open to all ACA members. Advance notice is appreciated.

PADDLE AMERICA CLUBS ACTIVITIES

The Atlantic Division has more than 17 very active Paddle America Clubs offering all types of paddling from sea kayaking, canoe sailing, flat water racing, white water, canoeing and more. Many have public programs. Find the list at <http://aca-atlanticdivisionblog.com/aca-atlantic-division/atlantic-division-paddle-america-clubs/>

SAVE THE DATE - 2015 RIVERKEEPER SWEEP

If you are looking for a way to make an impact in your community, please mark your calendars for Saturday, May 9, the day of the biggest volunteer event for the Hudson River and its tributaries, the 4th Annual Riverkeeper Sweep. We are counting on YOU to make it the best Sweep yet!

It is because of the leadership we removed 31 tons of trash and recycling in 82 shoreline locations. More volunteers participated than in 2013, but less trash was removed overall - meaning that sites we've cleaned up in the past are not being abused as they once were. With your help we will continue to reclaim the Hudson



NEW NATIONAL INSTRUCTOR TRAINER CONFERENCE

As part of the ACA's leadership role in the paddlesports community, we have initiated this Instructor Trainer Conference to provide a resource for currently certified Instructor Trainers, and those aspiring to become ACA Instructor Trainers and Instructor Trainer Educators.

Instructor Trainer Conference

Date: October 23-25, 2015

Location: Charleston, SC

Facility: James Island County Park & the Holiday Inn Riverview

Hosts: the great outdoor staff at Charleston County Park & Recreation Commission

River from the hands of polluters.

Online volunteer registration will begin on April 1st, at sweep@riverkeeper.org.

There will be over 80 locations from which to choose. With over 120 Sweep Leaders and the dedication of nearly 2,000 volunteers and hundreds of community partners the 2014 Sweep was a big success.

Please look out for locations where volunteers with canoes and kayaks will be needed and register on-line. If you'd like to be a sweep leader, get in touch with Dana Gulley at sweep@riverkeeper.org.

ACA Atlantic Division! Let's volunteer in great numbers for this noble cause so that together, in partnership with Riverkeeper, we can make an even greater impact on our environment than ever before.

KATHLEEN O'SULLIVAN

CATCHING FIRE

MATCHLESS FIRES TO WELCOME THE FULL MOON

MAY 2ND AT THE PAVILION - 2 PM

Fire is an important and powerful tool that can be used to purify water, maintain body warmth, or help you optimize nutrition. Controlling this element can allow you to survive in disasters and thrive in the wild. Not only is it a practical skill, but it's also fun to learn and empowering to master.

Jens Rasmussen is a wilderness skill instructor who has a multitude of experience in outdoor environments and is a founding member of the North Brooklyn Boat Club.

Join Jens for an introduction and explanation on a variety of fire-crafting skills, including why it's central to simple living and how you can utilize it in disaster scenarios. Throughout the afternoon you'll also have the chance try other nature-savvy tactics, like knife skills, making char cloth, and using emergency signal whistles. After experimenting with your new found skills, prepare a basic meal over the campfire, enjoy the fruits of your labor, and leave the day feeling more confident in your wilderness capabilities.



CITY OF WATER DAY FESTIVAL SATURDAY, JULY 18TH

Mark your calendars for the City of Water Day Festival on Saturday, July 18, 2015 -- a free, day-long event that features on-the-water fun, free boat tours, a Waterfront Activity Fair with many children's projects, great food and music, and much more! The purpose of City of Water Day, hosted by the Metropolitan Waterfront Alliance (waterfrontalliance.org), is to focus wide-scale public attention on the potential of the New York-New Jersey Harbor.

More than 25,000 people are expected to attend the festival this year at its two main locations -- Governors Island and Maxwell Place Park in Hoboken, NJ -- and thousands more will visit City of Water Day "In Your Neighborhood" festivities at waterfront venues all around the metropolitan region. For more information, please visit cityofwaterday.org.

EDUCATIONAL CANOE TRIPS: FROM THE NORTH BROOKLYN BOAT CLUB

The North Brooklyn Boat Club presents a series of monthly educational canoe paddles on the Newtown Creek. The trips will allow us to encounter and learn about the Creek's history, biology, and ongoing human impacts.

We will spend about two hours on land and on the creek.

The trips are open to just about all ages (you have to be able to fit into a life-preserver, climb a ladder to a floating dock) and all skill levels. Spots on the trip must be reserved beforehand at the NBBC website <http://northbrooklynboatclub.org/>. There will be two departures each day, with about 20 seats available on each.

ACA ATLANTIC DIVISION CAMP RENTAL CABINS APPLY NOW FOR APRIL 30TH, 2015 LOTTERY

Four rustic cabins and a primitive ground tent site are available for ACA members' use for up to three continuous weeks in the division camp at Lake Sebago in Harriman State Park. The season is from May 1 through October 15, 2015. Use the form on the next page to apply by April 20th, 2015 for the Lottery. Requests after the Lottery date are on a first-come, first-served basis.

RENTAL RULES

You are responsible for following all camp and rental cabin rules and ensuring that your guests do as well, including payment of daily camp fees or having a season pass for you and your guests. According to the park rules you are not allowed to bring pets into the camp.

WHAT WE OFFER

The cabins are: Lakeside (505), Overlook (518), Bliss (523) and Hilltop Lodge (501). Each cabin has electricity, a refrigerator, a cooking stove, table and chairs, dishes, pots and pans, tableware and screened windows. Each has a picnic table and fireplace.

PICK THE APPROPRIATE CABIN

BLISS sleeps six. Each of its two bedrooms has a set of bunk beds and an additional bed. **LAKESIDE** sleeps four. It has one bedroom with two beds and two daybeds in the lounge area. **OVERLOOK** sleeps up to five. It has one bedroom with a set of bunk beds and a single bed. The living room has two sleeping couches. **HILLTOP** is suitable for large families and groups of up to seventeen people. It provides a lounge area and a separate kitchen

with running water. Three bedrooms sleep up to six people each in bunk beds. It is adjacent to the camp recreation room.

At the edge of the camp, beyond tent platform 12, a primitive tent site can be reserved for ground tenting. There is a fireplace and a picnic table. All gear and supplies, including water, must be packed in. A maximum of two tents and eight people may use this site.

AMENITIES

The camp provides a separate latrine with flush toilets, hot water and showers. There is a swimming dock, boat-launching areas, hiking on marked trails, and fishing with a NYS fishing license for all sixteen years and older.

ELIGIBILITY & TIME

Only a current Atlantic Division adult member twenty-one years and older may rent a cabin up to a limit of three continuous weeks. The minimum period is one week from July 1 to September 2. The weekly rental period is from Sunday at 6 pm through the following Sunday at 5 pm.

COSTS

The cost to rent is \$200 per week for Bliss, Lakeside and Overlook, except for the holiday week of August 30 through September 7, which will cost \$225. For this same time-period, Hilltop is \$350 regardless of the time period.

Except during the weekly season outlined above, shorter stays are available, with a minimum rental of two nights. The cost is \$35 per night (5 pm to 6 pm the next day) for Bliss, Lakeside and Overlook and

\$60 for Hilltop Lodge. The ground tent site is \$10 per night. The maximum tent site rental is two weeks or two weekends.

Plan your stay carefully. There are no refunds of rental fees once your reservation is confirmed. The registrar must receive the rental fee with your application. Allow two weeks for processing.

REGISTRAR: ADELE ABRAMS
1695 E. 21ST STREET, APT. D6
BROOKLYN, NY 11210

E-MAIL ABRAMS.ADELE@GMAIL.COM

For more information and the Rental Application, see page 11. Rental Applications are also available on the website -<http://aca-atlanticdivisionblog.com/wp-content/uploads/2015/04/RentalCabins2015.pdf>



	Tent Site	Bliss	Lakeside	Overlook	Hilltop
Max Capacity	8 in 2 tents	Six	Four	Five	Seventeen
Max. Duration	2 weeks or 2 weekends	Up to 3 continuous weeks Minimum period one week from 7/5 – 9/7 Sunday 6 pm thru Sunday 5 pm. Minimum period two nights at other times from 6 pm thru 5 pm next day.			
Rent 8/26 – 9/2	\$10/night	\$225	\$225	\$225	\$350
Rent other weeks	\$10/night	\$200	\$200	\$200	\$350
Daily rent when applicable	\$10/night	\$35/night	\$35/night	\$35/night	\$60/night

ACA AND DIVISION NOTICES

ACA AND CLUB BENEFITS

The American Canoe Association offers both individual members and clubs benefits including:

Member Benefits

- Subaru VIP Program
- Stewardship Support
- Magazine Choice
- Member Discounts

Club Benefits

- Event Promotions
- Insurance for Club Trips
- Reduced ACA Dues

For more information on your membership benefits, stewardship activities, events and training, go to <http://www.americancanoe.org/> Join the ACA on Facebook (<http://www.facebook.com/Paddlesport>), Twitter (@AmericanCanoe) and read the blog <http://americancanoe.blogspot.com/> for the latest.

STEWARDSHIP

To see what the ACA is doing on Stewardship on a local and national level, visit: <http://www.americancanoe.org/?page=Stewardship> and look at all the submenus. In addition to events there are partnerships, and a variety of initiatives where we can get involved.



ATLANTIC DIVISION BOARD MEETINGS

The ACA Atlantic Division Board of Directors holds regular meetings during the season at the Lake Sebago Pavilion or in Manhattan in the off season. All ACA Division members are welcome to attend the meetings.

For more information, contact Jerry Dunne, Division Chairman at jerry.dunne@dunnelaw.net

- APRIL 19TH AT CAMP SEBAGO @ 11:00
- JULY 12TH AT CAMP SEBAGO @ 11:00
- SEPT 27TH AT CAMP SEBAGO @ 11:00

Visit Sugar Island An ACA jewel

Since 1901, ACA members have been able to enjoy the charms of this unspoiled 35- acre island in the middle of the Thousand Islands.

A great family time can be held during the ACA Annual Encampment at Sugar Island July 26th through August 7th when there are activities for the children and evening events.

Only two miles from the Mainland, it is part of the Thousand Island Water Trail, and a great place to explore this wonderful part of the world. There is no electricity or running water, but it is filled with birds, wildflowers and natural beauty.

For campsite reservations or renting a cabin contact Marcia Banholzer campsugarisland@gmail.com or call 864-888-2127.

For a packet of information contact Marilyn Vogel by e-mail: marvogel@verizon.net. Lodging on the mainland is also available. Misty Isles Lodge www.mistyisles.ca



ONE COMPLETED RENTAL CABIN APPLICATION IS REQUIRED FOR EACH RENTAL

Make checks payable to: ACA Atlantic Division Rental Cabins Committee (No Cash). If your group is larger than 10, YOU MUST notify the Camp Director One Month in advance. **Please Print Clearly.** ADELE ABRAMS - 1695 E. 21ST STREET, APT. D6, BROOKLYN, NY 11210

Name: _____

ACA Number _____

Address _____

Phone _____ E-Mail _____

Cabin Name 1st Choice _____ 2nd Choice _____ Tent Site _____

Desired Dates 1st Choice _____ 2nd Choice _____

Amount Enclosed: Full rent \$ _____

I agree that I will be the responsible member at the cabin during the rental period and that I and all my guests will follow the cabin procedures and Camp rules and pay Camp fees. I understand that not doing so may result in my not being able to rent any cabin again. . There will be a \$15 penalty if I do not return the cabin key to Adele Abrams(as above) within one week of the last day of my rental.-----

INTRODUCING THE NEW YORK STATE ACA EXECUTIVE COUNCIL

The New York State ACA Executive Council is here to keep New York number one in the paddling scene! We are excited for our new positions, and for the ACA State Director Program to give us this opportunity.

The State Director Program is aimed at helping the ACA increase our connection with the paddlers at the state and local level through increased communication. Paddlers can bring issues or ideas they have to their State Director/Executive Council and the ACA can then assist. Conversely, through this enhanced volunteer network, more paddlers will learn about the ACA and all the work that the ACA members do for paddlesports across the country.

The New York Executive Council consists of Liane Amaral, Director; Mike Cavanaugh,



Adaptive Paddling; Steve Busch, Education; Noah Hussain, Youth; and Kalon Riehle, Deputy Director. These roles are loosely defined with all members taking part in all aspects of state business. We have initiated an ACA – New York Face Book page (<https://www.facebook.com/NewYorkStateACA>)

and are in the process of reaching out to ACA members and instructors in the state to get a feel for how we can better serve our paddling communities.

We span the realm of paddlesports as a council – from new to the sport to veteran paddlers, from whitewater to coastal to SUP, from the big city of metropolitan NY to upstate, western and northern New York. We are excited to be a part of the ACA State Director program and look forward to working with the Atlantic Division to further the mission of the ACA in New York State

Liane Amaral
NY State Director

SWIFTWATER RESCUE CONFERENCE

The ACA provides a range of recreational opportunities and has been established as one of the premier standards of paddlesports safety and education. As part of the ACA's leadership role, we have initiated this swiftwater rescue conference to target all facets of whitewater rescue for the paddlesports community.

JOIN THE CONFERENCE

Date: October 9-11, 2015

Location: western North Carolina

Venue: Tuckaseegee River

Facility: Barker's Creek Community Center

Registration: available online - 6/2015

Cost: \$190 early bird

Only 80 spaces will be available

Challenging on-water sessions for paddlers of all experience levels

Learn from a list of who's who in swiftwater rescue

Educational sessions for fire and rescue personnel

High quality land and water educational sessions

ACA Safety & Rescue Instructor Updates

LAKE SEBAGO'S 55RD ACA ANNUAL YOUTH REGATTA AUGUST 5TH, 2015

Each year the ACA and the Palisades Park Commission, with the help of several camps in the park sponsor and organize the Youth Regatta. The event is a very important canoe regatta for the youth camps in the park. Every year many of the camps bring the entire camp to the race. For some camps this is the most important session for their campers, who return year after year especially for this event. At other camps the kids train for the entire summer leading up to the race.

The ACA has sponsored this event from the very start. Young paddlers from the ACA Camp at Lake Sebago also compete in the regatta.

Running this event takes work on the day of the race. We need several people on the finish line as timers and spotters; others are needed for the scoring of the events. Paddlers are needed on the water to help line up the campers and rescue

them when they fall in. They also serve as on-the-water referees, to make sure that competitors don't crash into each other.

Also needed are people on the starting line to help organize the paddlers for their races and to start the race. The job of on-the-water volunteer is very strenuous so we need at least 30 volunteers to help. Many of our safety and starting people need relief during the day, so that we need people early to get the race started and then more around noon to give the first group a break.

Rain day August 6th

Volunteers should contact Scott Greifenberger 1425 Bellmore Ave, Bellmore, NY 11710 Home Phone 516 781-8889 Cell 516 993-3692 E-mail scottcanoe@aol.com or Sue Scher 845 351-2883, E-mail scher5@optonline.net.

